

➤ **Pain Control:** *Tylenol, Ibuprofen, and Hyland's Arnica* are popular pain control medications; these agents may be used at the same time if needed. **Ibuprofen is far superior to Tylenol in duration, safety, and anti-inflammatory property.** *Provide for 2-5 days if needed.*

- **Tylenol** is **NOT effective** post-surgery unless accompanied by opioid. It has **NO ANTI-INFLAMMATORY** property which your baby needs. Per instruction you're **NOT ALLOWED** to take it for a full day. Many of our patients who have **FAILED** to succeed did so on Tylenol.
- **Ibuprofen:** **infant Advil or infant Motrin** every 6 hours; *start soon post-op.*
- **Hyland's Arnica Montana 30X** 1 tablet every 6 hrs; dissolves easy; start soon post-op.

You may choose other infant homeopathic remedies as well but **NOT** NUMBING teething gels.

It is entirely **UNPROFESSIONAL, UNETHICAL, and IRRESPONSIBLE** for a doctor to provide post-surgical advice for another doctor's patient.

*If you do not provide sufficient pain control & your baby seems comfortable the first two days it may be because they stopped using their tongue effectively to help lower the pain, which opposes our goals of increasing tongue movement, lowering re-attachment, bettering function.*

**SUMMARY:** provide pain relief **IBUPROFEN** for about 2 days; unless baby has **kidney problems, dehydrated, or premature.**

WEIGHT	INFANT <b>IBUPROFEN</b>	INFANT <b>TYLENOL</b>
6LBS	0.7 ML	1.3 ML
7LBS	0.8 ML	1.5 ML
8LBS	0.9 ML	1.7 ML
9LBS	1 ML	1.9 ML
10LBS	1.1 ML	2 ML
11LBS	1.2 ML	2.3 ML
12LBS	1.4 ML	2.5 ML
13LBS	1.5 ML	2.7 ML
14LBS	1.6 ML	2.9 ML
15LBS	1.7 ML	3.2 ML
16LBS	1.8 ML	3.4 ML
17LBS	1.9 ML	3.6 ML
18LBS	2 ML	3.8 ML
19LBS	2.1 ML	4 ML
20LBS	2.3 ML	4.2 ML
21LBS	2.4 ML	4.4 ML
22LBS	2.5 ML	4.6 ML
23LBS	2.6 ML	4.8 ML
24LBS	2.7 ML	5 ML