

➤ **Pain Control:** *Tylenol, Ibuprofen, and Hyland's Arnica* are popular pain control medications; these agents may be used at the same time if needed. **Ibuprofen is far superior to Tylenol in duration, safety, and anti-inflammatory property.** *Provide for up to 5 days if needed.*

- **Tylenol** has no **ANTI-INFLAMMATORY** property.
- **Ibuprofen:** **infant Advil or infant Motrin** every 6 hours; *for half day minimum.*
- **Hyland's Arnica Montana 30X** 1 tablet every 6 hours; *for half day minimum.*

You may choose other infant homeopathic remedies as well but **NOT** NUMBING teething gels.

It is entirely **UNPROFESSIONAL, UNETHICAL, and IRRESPONSIBLE** for a doctor to provide post-surgical advice for another doctor's patient.

If you do not provide sufficient pain control & your baby seems comfortable the first two days it may be because they stopped using their tongue effectively to help lower the pain, which opposes our goals of increasing tongue movement, bettering function, lowering re-attachment.

SUMMARY: provide **IBUPROFEN** within 30 minutes of nursing, so stomach is coated w/milk; if baby has **kidney problems or dehydrated** consider Tylenol instead.

WEIGHT	INFANT IBUPROFEN	INFANT TYLENOL
6LBS	0.7 ML	1.3 ML
7LBS	0.8 ML	1.5 ML
8LBS	0.9 ML	1.7 ML
9LBS	1 ML	1.9 ML
10LBS	1.1 ML	2 ML
11LBS	1.2 ML	2.3 ML
12LBS	1.4 ML	2.5 ML
13LBS	1.5 ML	2.7 ML
14LBS	1.6 ML	2.9 ML
15LBS	1.7 ML	3.2 ML
16LBS	1.8 ML	3.4 ML
17LBS	1.9 ML	3.6 ML
18LBS	2 ML	3.8 ML
19LBS	2.1 ML	4 ML
20LBS	2.3 ML	4.2 ML
21LBS	2.4 ML	4.4 ML
22LBS	2.5 ML	4.6 ML
23LBS	2.6 ML	4.8 ML
24LBS	2.7 ML	5 ML