

- **Pain Control:** *Tylenol, Ibuprofen, and Hyland's Arnica* are popular pain control medications; these agents may be used at the same time if needed. Ibuprofen is far superior to Tylenol in duration, safety, and anti-inflammatory property. Provide for up to 7 days if needed.

Newborn: infant **Tylenol** lasts 4 hours but do not exceed 5 doses a day; so, skip the 6th dose; or just space it out every 5 hours.

2-3 months: Alternate between **infant Advil & Tylenol** every 4 hours.

4 months+: **infant Advil** every 6 hours

Any age: **Hyland's Arnica Montana 30X** one tablet every 6 hours (dissolves easy)

You may choose other infant homeopathic remedies as well but **NOT NUMBING** teething gels.

**SUMMARY:** plan on providing pain relief for about two days; use your judgment on day 3 and 4; by day 5 the discomfort should drastically drop if not already.

The formulas below were used to derive the table below:

**infant Tylenol** (Acetaminophen 160mg/5ml);  $\_\_ \text{Lbs.} \times 6.7 / 160 \times 5 = \_\_ \text{ml}$

**infant Advil** (Ibuprofen 50mg/1.25ml);  $\_\_ \text{Lbs.} \times 4.5 / 50 \times 1.25 = \_\_ \text{ml}$

WEIGHT	INFANT TYLENOL	INFANT ADVIL
6LBS	1.3 mL	
7LBS	1.5mL	
8LBS	1.7 mL	
9LBS	1.9 mL	1ML
10LBS	2 mL	1.1 mL
11LBS	2.3 mL	1.2 mL
12LBS	2.5 mL	1.4 mL
13LBS	2.7 mL	1.5 mL
14LBS	2.9 mL	1.6 mL
15LBS	3.2 mL	1.7 mL
16LBS	3.4 mL	1.8 mL
17LBS	3.6 mL	1.9 mL
18LBS	3.8 mL	2 mL
19LBS	4 mL	2.1 ML
20LBS	4.2 mL	2.3 ML
21LBS	4.4 mL	2.4 ML
22LBS	4.6 mL	2.5 mL
23LBS	4.8 mL	2.6 mL
24LBS	5 mL	2.7 mL